

DIY SENSORY BINS

1. Find a medium sized container or shoebox
2. Find items in your house they can be used for a sensory bin (uncooked beans, uncooked rice, uncooked pasta, etc.)
3. Ask your child to help you fill the box halfway (you can draw a line and have them fill it to the line for an extra challenge!)
4. Hide items in the box, such as puzzle pieces and toys.
5. Have your child find items and then place them on the gameboard or puzzle.

