

How to make a sensory bag for writing

You will need the following ingredients:



One cup of flour

$\frac{3}{4}$ cup water

5 drops food coloring

1 gallon ziplock baggie

- 1.) Pour one cup of flour into the bowl
- 2.) Add $\frac{3}{4}$ cup water
- 3.) Stir
- 4.) Add drops of food coloring (optional)
- 5.) Scoop into the bag
- 6.) Make sure all of the air is out of the baggie and pinch it sealed
- 7.) Optional - you can tape the baggie to a cookie sheet to keep it from sliding